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Minutes—III-A General Membership Meeting

Date/Time: Wednesday, June 19, 2019 @ 10:00 am MT

Location: The Boise Centre—245 S. Capitol Blvd – Boise, ID
Room: 110D

Trustees Present: Ruth Bailes, Susan Lasuen, Rick Watkins, Patty Parkinson, Suzanne McNeel, Grant Gager, Pat Riley, Gary Aldous, Dan Hammond, and Rusty Coffelt

Trustees Absent: Jared Mitton

Agencies Present: Minidoka Irrigation District, LHTAC, City of Fruitland, City of St. Anthony, City of Blackfoot, City of Ketchum, Northern Lakes Fire District, Power County Highway District, City of American Falls, Eagle Fire District, City of Parma, City of Cascade, City of Aberdeen, Mountain Rides, City of Athol, City of Grangeville, and McCall Fire District.

Also Present: Amy Manning, Lisa Fritz, Charlynn Harless, Megan Smith, Tina Taylor, Dustin Reno, Nerissa Campbell, Velma Seabolt, Jennifer Faltings, Pauline Paxton, and Stephanie Weldon.

Chairman, Rick Watkins—Called Meeting to Order

Open Session at 10:00 a.m.

1. Welcome—Chairman Watkins
2. Minutes—General Membership Meeting June 20, 2018
 - Rusty Coffelt moved to approve minutes of the General Membership meeting on June 20, 2018, with a correction to the 2nd item (2018-19 Plan Year); Patty seconded. Passed unanimously.
3. Presentation of Preliminary & Final Rates for 2019-20 Plan Year
Amy announced the Preliminary Medical Rate Renewal for October 1, 2019 is 2.6% increase for Standard and Custom Medical Plans and 1.8% increase for Fire Plans. She also stated that III-A Dental will have a 3% increase and Vision plans will have a 15% increase.
4. Elections—Trustee election for Seat 10
Elections were held. Gary Aldous from Power County Highway District ran unopposed for Seat 10. Gary was elected and will hold Seat 10 on the Board of Trustees starting July 1, 2019, for a term of 3 years.
5. Wellness Program Update—Megan Smith
Megan, III-A Health Coach & Admin. Asst., explained how the III-A will

be taking over Health Coaching & Wellness starting October 1. Blue Cross of Idaho will still administer quarterly wellness challenges via their online WellConnected portal.

6. EAP Program—Tina Taylor, Business Psychology Associates
Tina shared that BPA now offers Video Counseling and gave more details about the legal and financial assistance available. Amy shared that the EAP benefit will be going up to 10 sessions per incident starting October 1.
7. Wellness Screenings Update
Amy explained that this fall, for wellness screenings, the III-A will be sending Nurse Practitioners onsite to every agency for onsite wellness screenings. She introduced the providers that will be conducting the screenings: Dustin Reno, Narissa Campbell, and Velma Seabolt. It was also shared that the NPs will be able to provide Cologuard/FIT test for those needing prescreening. The III-A is also wanting to send a Mental Health Provider to 5 agencies this year to conduct screenings during the wellness visits. Next year, the plan will be to have a mental health provider at all locations.
8. General Discussion/Questions
 - a. Amy Manning/Lisa Fritz, III-A – no additional updates
 - b. Charlynn Harless, Legacy Consulting
Charlynn shared that the UNUM Life Insurance benefit will be going up to \$20,000 and standard medical plans will have the enhanced Chiropractic benefit of copay only starting October 1.
 - c. Jennifer Faltings/Pauline Paxton, BCI
Jennifer, Pauline and Stephanie introduced themselves and shared more about the MD Live benefit and how there will be a no-copay promotion from October - December.
9. Adjourned at 10:41 a.m.